

HI-Q

THE LAKEHEAD AMATEUR RADIO CLUB JOURNAL

LARC, Suite 184, 1100C Memorial Ave., Thunder Bay, Ontario, Canada, P7B 4A3

Winners from the Java Hut Certificate Draws so far are as follows:

FEB.	24,	1998	8SOL	JΡ	&	SAN	IDWICH	&
BEVER	AGE.	<i>D</i>	AN, VE3L	DWF				
MARCH	ł	3,	1998B	URG	SER	C	OMBO	&
BEVER	AGE.	CA	RL, VA3F	PEP				
MARCH	l 10, 1	1998C	LUBHOU	SE (COMB	O & E	BEVERA	GE
GERR	Y, VA	3BRN						
March	24,	1998	Soup	&	Sand	wich	Special.	Rid
Macleo	d, VA	3XRM						
THANK	S AN	D 73'S	JAN					

I enjoyed my tea & crumpets Thanks YL's & OM

What are crumpets anyway? Thanks being there for all us Skiers that were in the Sibley Ski Tour. It was nice to stop, chat, drink gator-aide and water, and eat oranges, cookies, and raisons. Boy I guess I was lucky to even be able to move let alone ski eh? *I was on tour!* I had fun and that is what counts to me, next year I'll try to break records, mine for sure. I think it should an easy record to break. 73 to all "Old One-boot"

VE3XFM, VE3XFM, VE3XFM

I would like to announce the latest addition to the local Amateur group.

VE3XFM, A ten meter FM repeater was officially put on the air in March of 1998. Some local Amateurs were looking for a project that had not been done before. A 10 meter repeater seemed like a good idea at the time. I was put in charge of getting parts, funding, and enthusiasm. The last was not too hard to find, but the first two offered a bit more of a challenge. The funding came in and one and a half years of beg borrow and steal of parts finally paid off.

The frequency of the repeater is 29.680 MHZ with a negative offset. I would like to thank all the scroungers for their effort in keeping this project in budget. You should be proud of yourselves!

Special thanks to Terry and Laurie for al the fine soldering blobs that were applied to the equipment and to all of the individuals who in one way or another helped to make the dream of the first 10 meter repeater in the northwestern Ontario a reality. It just goes to show you what you can do if you set your minds to it and get really good help from your friends. Good Luck, Good DX, 73's Randy, VA3GOT

Annual General meeting for RAC Sunday May 24, 1998

Minutes Pg 2 Public Service, Brownies, Ont. QSO Party pg 3 New book, Top ten, Fleas at MB Pg 4 Puzzle, S & S, ARES Tbay Pg 5 100 Short wave frequencies Pg 6

1997/1998 LARC

Founding President

P. J. (Pat) O'Shea VE3FW

LARC maintains the Club call VE3FW to honour the memory of our first President Mr. Pat O'Shea.

Senate

Bill Roberts VE3ARN Keith Fiske VE3JQ Bert Lambert VE3BKY Ray Greer VE3CH Bill Klemacki VE3AJ

Executive Board

President:	Ian Mellis	VA3RIM 577-1628
Vice Pres:	Ed Baumann	VE3SNW 622-1216
Secretary:	Norm Bell	VE3XRC 577-9316
Treasurer:	John Watson	VE3GTX 683-3199
Directors:	Judy LeFevre	VA3EAP
	Sam Shonias	VA3SAM
	Bob Hanson	VE3RVA 767-6924
	Jan Sokoloski	VA3JRS 344-3222
Past Pres:	Terry Stewardson	VE3TKA 577-9439

Appointments

Mem. Sec.: John Watson VE3GTX 683-3199 Hi-Q Editor: Wayne Letang VA3WRL . . . 344-9759 Emergency Coordinator: Randy Gottfred, VA3GOT........939-2310

Club Repeaters

VE3YQT 147.060 - OFFSET **VE3TBR** 146.820 - OFFSET

Next Meeting April 9, 1998

Meetings are held at 7:30 pm every second Thursday of each month

at Confederation College in room 207B in the McIntyre Building.

Minutes of a Meeting of the Lakehead Amateur Canadian amateurs. Radio Club

held in Room 207B at Confederation College, Thunder Bay, Ontario on March 12, 1998

The meeting was called to order at 7:30 pm by the President, VA3RIM Ian Mellis with 3 2 members in attendance.

Minutes of the previous meeting:

The minutes of the previous meeting hel d February 12, 1998 were published in detail in the March edition of "HI-Q" and distribute d to all members.

Motion: moved by VE3AJ, Bill Klemacki an d

seconded by VA3JRS, Jan Sokoloski that the minutes by accepted as distributed. Carried.

Treasurer's Report: due to the absence of VE3GTX, John Watson the Treasurer's Report was not available.

Correspondence: a letter has been sent to the Sibley Ski Tour

requesting a donation to the Club.

Old Business:

-Safety Vests: VA3JRS, Jan Sok oloski reported that they are almost finished and ready to go to the printers to have the Cl ub crest put on them.

-Auditors Report: VE3PD, Pat Doherty state d that due to circumstances, the Auditor's Report will not be available until the April meeting.

-Subscriptions for "HI-Q" Editor:VE3UA, Jim O'Brien asked if the editor was receiving a newsletter "W5YI" from Texas. VA3ROM, Bo b Mazur, the former editor of "HI-Q" said that he had not used much of the material fro m W5YI for our newsletter due to it's content. Motion: moved by VE3UA, Jim O'Brien and seconded by VE3SNW, Ed Baumann that the Editor of "HI-Q" be authorized to purchase a subscription to "W5YI".

Carried.

Reports:

Radio Amateurs of Canada: VE3PD, Pat Doherty said that RAC was working on getting the delegation process back on track and working. The next RAC meeting will be held at the Emergency Preparedness College in Arnprior. RAC only represents approximately 20% of Canadian amateurs.

Emergency Coordinator: VA3GOT, Randy Gottfred stated that we need mor e club members to fill out the ARES form if they are interested. This form is available on the Club web site. We have been in contact with one city official and will be approaching others.

Public Service: VE3ZG, Mike Nawrocki thanked the 12 operators who participated in the Sibley Ski tour March 7. It was a beautiful day for all concerned. There are four events coming up in May.

Brownies: on Monday March 9, VA3RIM Ia n

Mellis, VA3JRS Jan Sokolosk i and VE3XLB Linda Bell attended Brownie meeting at St . Andrews Presbyterian Church and talked about amat eur radio to the girls.

Code Classes: are presently in progress Wednesday evenings. As well, VE3AVS, Dave Kimpto n running code on VE3TB R Tuesday and Friday ev enings at 7:00 pm.

Call Books: VE3TKA, Terr y Stewardson pointed out tha t the new call books have bee n available for a month. If we 200 of cal 1 sell all the books, the Club will see а profit of approximatel y \$1100.00. Call Books have been sent to Fort Frances, Kenora, Dryden and Sault Ste . Marie. As of this meeting, there are about 40 le ft out of the original 200.

10m Repeater: VE3TKA, Terry Stewardson said it is almos t ready to go on the air for testing.

New Business: none

Adjournment: moved by VA3JR S Jan Sokoloski and seconded b y VE3ZG Mike Nawrocki that the meeting be adjourned.

Carried.

break Following short VA3RIM Ian Mellis describe d hi s the art of Intarsia, hobby. Intarsia is th e creation of pictures made up of individual pieces of wood You had to be there to see Ian's works as words canno t describe the beautiful piece s he had on display. Thank s Ian.

Public Service bv Mike Nawrocki

Our first major event of the year, the Sibley Ski Tour is in the books. There was a beautiful sunrise on the morning of the 7th

volunteers met for breakfast at the Pass Lake count numbers because they went by fast in truck stop at about 6AM. After breakfast, it was on to the Park to meet with the organizers, get final assignments, do some last minute personnel juggling to have people in key places and wait for the seven hundred plus skiers to do their thing on the 10, 20 and 50 Km runs. The mass start of the race was on land in a very small area, quite a spectacle to watch them take off. It did not take long for the radio waves to get extremely busy as the skiers started to hit their first checkpoints. Besides amateur radio operating from the checkpoints to net control and the finish line, MNR radios were in use at the checkpoints and around the campground keeping tabs on everything. To say Norm, VE3XRC was busy would be a bit of an understatement, as he had both systems to work with. An extra body is needed at this location. Communication with all checkpoints on simplex was solid all day, and our volunteers were kept busy throughout. Listening to the amount of traffic from some of the checkpoints, and after discussion with the people who do the computer computations, we will need more than one person at some of these locations. Dave, VE3AVS did yeoman service at checkpoint 5 where he had all three groups coming by him at once. The weather was absolutely ideal, the snow was firm, the track fast, and so were the skiers. The first skier to finish the 50K was just under two hours, that is moving! Congratulations to Wayne, VA3WRL for completing the 50K, he was still gliding very smoothly at the end. Many thanks to Linda, VE3XLB who kept me informed of who was approaching the finish line, next year that location will have to be moved a little farther away to give enough time for the results to be passed to the announcers before the skiers hit the finish line. Glen, VE3 ICY at his favorite checkpoint 1, Ian, VA3RIM who got seconded to the results computer location, Carl, VA3PEP at checkpoint 4, Fred, VE3FAL at checkpoint 3 where the 50K'ers were starting to spread out and we could get our leaders, Andy, VE3INI at checkpoint 2 where the checkpoint leader was so enthralled with him that he has to come back there again next year, we have to hear about this Andy, Marion, VE3MJN who had

of March, and a dedicated group of the first look at the 50K'ers and could only bunches at the beginning, Chris, VA3TBA snowmobile mobile at checkpoint 6, and Terry, VE3TKA working the 20-50K cutoff. Feedback from the organizers was extremely positive and the skiers had nothing but praise for the whole event. Nothing now until the beginning of May, and we have four events during that month, so rest while you can, more work coming.

Brownies had good time

Linda Bell (VE3XLB), Ian Mellis (VA3RIM) and myself Jan Sokoloski (VA3JRS) were asked to do an Amateur Radio presentation on March 9, 1998 to a great bunch of Brownies at St Andrews Presbyterian Church. There were aproximently 15 Brownies, 1 helper, and 2 leaders . We had a couple of hand helds 2 meter radios for them to talk on. Wayne letang, VA3WRL and Daniel Simko, VA3DJS assisted us by chatting with the girls on the air. A fun time was had by all. Thanks to every one who helped out. 73 de Jan, VA3JRS.

Ontario QSO Party

Hi Wayne! I just wanted to let you and the Lakehead Club know about the 1998 Ontario QSO Party running the weekend of April 25-26 from 1800 UTC on the Saturday to 1800 UTC on the Sunday.

This is a very friendly contest sponsored by the Ontario DX Association and it is modelled on the "state QSO parties" they run south of the border. Basically what happens is that Ontario stations work everyone and stations outside Ontario work Ontario stations. We use the counties, districts and

regional municipalities of Ontario as multipliers. So we would really like to see some stations on representing Thunder Bay District!!! The complete rules are up on the ODXA website www.durhamradio.ca/odxa and also have been put up on the packet system. They're also in the March/April issue of "On The Air", the March & April issues of "DX Ontario", and in the contest columns in the April issues of "The Canadian Amateur",

questions or if you need a copy of the rules in textfile format feel free to drop me an note at ve3sre@compuserve.com. Thanks for your help! 73 de Bob, VE3SRE, Ham Radio Editor, "DX Ontario" magazine

NEW BOOK NEWS RELEASE

MFJ Enterprises, Inc. 300 Industrial Park Road, Starkville, MS 39759

FOR IMMEDIATE RELEASE

Contacts:

Dave Finley, N1IRZ, Author (505) 835-7302 day (505) 835-1218 evening finley@sdc.org

Richard C. Stubbs, Jr., KC5NSZ, MFJ Representative (601) 323-5869

New Book Brings Fresh Approach to Morse Code Training

In 1936, Ludwig Koch, a German psychologist, published the results of extensive research on Morse Code proficiency and showed how he trained students to copy at 12 words per minute in as little as 13.5 hours. That is by far the fastest Morse training program ever published.

Based on its documented success, Koch's method should have become widely, if not universally, adopted by hams trying to pass the 13-wpm or 20-wpm exams. But it wasn't. Today, very few people know about his work. How come?

"Very simply, Koch's technique was ahead of the technology of his time," says Dave Finley, N1IRZ, author of a new book on Morse training. "For most people, the kind of practice you need for Koch training wasn't available until microprocessors came along," Finley said.

"Because the technology for using his

was forgotten."

"CQ", and "QST". If anyone has any In "Morse Code: Breaking the Barrier," published by MFJ Enterprises, Finley shows how, using a computer or a microprocessorbased pocket code trainer, today's hams and would-be hams can use Koch's technique to lending if anyone wants to read it, just check build high-speed code proficiency quickly and efficiently. Besides its speed, Finley says, Koch's method has another, more important advantage over "traditional" code- This comes from the March 1998 issue of training methods.

> positive reinforcement --assurance that you S e e really are making progress. That means http://www.vermontel.com/~cdh/kk.htm there are no 'plateaus,' you stay motivated 73, Jim and don't quit out of frustration," he says. "Koch's training speed was achieved with students hand-picked for code aptitude, so most people won't match that speed. However, the positive reinforcement of the Koch Method means that people will see results and stick with their training until they achieve their goal."

Finley, who used Koch's technique himself to go from no-code Technician to Amateur Extra Class, became an avid CW operator. "I learned that using Morse Code on the air is fun, and I'd like to help other hams join in on that fun after they've

upgraded their licenses." For that reason, "Morse Code: Breaking the Barrier" also includes chapters on sending code with keys, bugs and keyers; on making your first CW QSOs; and on a variety of on-the-air activities where CW can make your hamming more fun.

The book also includes a fast-paced chapter on the fascinating history of telegraphy, both land-line and wireless. "When we use Morse Code on the air, we become part of a tradition that goes back more than 150 years. Knowing that history adds to the pleasure of operating," Finley says.

"Morse Code: Breaking the Barrier" (MFJ-3400) is available for \$14.95 plus shipping from MFJ Enterprises, Inc., P.O. Box 494, Mississippi State, MS 39762, (800) 647-1800, FAX (601) 323-6551, email: mfj@mfjenterprises.com, WWW: http://www.mfjenterprises.com, or from your method didn't exist back then, the method nearest MFJ dealer.

For more information about the book, visit the author's World Wide Web page at URL: http://www.sdc.org/~finley

(I picked up this book and it is for the with Norm, VE3XRC, HI-O Ed.)

"Key Klicks" a publication of the Green Mountain Wireless Society in Vermont, "With Koch's method, you receive frequent, Deborah Clark - NN1C, Editor.

> Web page:

TOP TEN

by Bill WB1BRE

Top 10 signs you've over-modified your scanning receiver...

- 1. Houston Mission Control drowns out the local repeaters.
- 2. Your radios glow in the dark. Even when not plugged in.
- 3. The NSA calls to get copies of transmissions they missed.
- 4. Commercial airline pilots use your antenna array as a landmark.
- 5. Your wife says "Either that thing goes or I go. Over."
- 6. Your rooftop, car trunk, and back yard are collectively referred to as the "antenna
- 7. SETI calls you to confirm signals from
- 8. You dial in frequencies that Stephen Hawking says don't exist this side of a black
- 9. You hear voices talking about invading the "third planet from the star".
- 10. Your "Low Battery" indicator glows constantly, even when you're operating off

Manitoba Ham Flea Market Where!

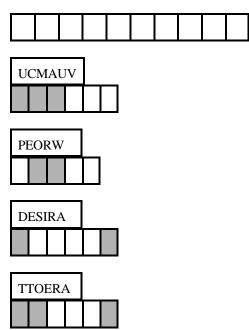
Heritage Victoria Community Centre. 950 Sturgeon Road. Sunday April 19/98 10 am to 2pm. Tables (\$10.,00) may be booked by phone, call Pat VE4PLG or Dan VE4SYG at 339-3018 or on 80 meter phone net. (Submitted by Jack Lee, VE4LEE)

HAM PUZZLER

By Dave VE3AVS

Unscramble the four jumbled words. Then arrange the shaded letters to form a word or words associated with the call sign shown below. Answer in next month's HI-Q.

VA3RIM



March answers: SHORT, RADIAL, GROUND, WINDY VE3UA = HISTORIAN See you all next month...73.

How is your Whip?

Read an article recently by Frank, W0MWE on page 15 of The Discharge "News letter of the Arrowhead Radio Amateur Club". The article is called Washed your whip lately? He writes that he discovered the mystery of the whistling whip. He was annoyed somewhat that on a trip to St Cloud Mn. About 30 miles into his trip his whip was a whistling dixy. After trying just about everything to stop it from whistling he ended up putting in his trunk the rest of the trip. Sometime later upon examining his whip he noticed dark spots on it and when he ran his fingers down it, it was rough. A

chore boy and some elbow grease cleaned EST......Vendor his whip so that it didn't whistle when he 8:00AM......Public at: 9:00AM took it out for drive down the highway. Frank repeated this experiment with winter Please let your club members know of this road grime, the whistle came bach with all date change. the salt from road and washing the whip -73stopped it from whistling. He concluded that "The Moral of the story is if you have George, W8FWG a quarter wave mag mount antenna for 2 (906) 337-2542 meters and it whistles, don't throw it gthur@up.net away, just wash your whip when it whistles".

I concur a clean whip is better to have, after From: RAC HQ some thought I think anything that would reduce the coefficient of friction on your whip would be beneficial to having a noiseless whip. I personally have had similar problems with whips for ten meters. I've used a spring at the base of my ham stick to reduce the vibrations that have caused a horrible noise on the inside of the Toyota Tercel I had. A friend of mine says he has a red ribbon tied to the top of his 2 meter 5/8 wave to change resonance frequency of the whistle that he gets, something that also works for him. The red ribbon he has is for MADD "Mothers against Drunk Drivers". I think if you took the time to put something on that would make your whip slide through the air with greatest of ease it would lessen the chance of having the dreaded whistle annoying you. Such materials as Johnson's floor wax, Turtle wax. Pledge polish, even oil maybe might have a great effect on the reduction of the coefficient of friction on your annoying whistling whip! So people in concluding this article I say In the spirit of being a real Ham "YL's, OM, and Hamsters alike lets be brave and wax our whips to see if they whistle"

(All the best this Month of April 73 de OLD ONE-BOOT)

Chassell Swap & Shop April 18, 1998

PLEASE NOTICE THIS DATE CHANGE:

Third Saturday in April, at the Chassell Fire Hall. It's on the south end of town (Marquette end)......Turn left, as you approach the village and it is just one block off Highway U.S. 41. Talk-In on the "88" 146.88 (-) repeater. Building opens at 7AM

setup at

Date: 9-Mar-98 **Subject: RAC AGM**

Notice

Radio Amateurs of Canada Inc. Members' Annual General Meeting, All RAC members are encouraged to attend the AGM.

Date: Sunday, May 24, 1998

Time: 10 a.m.

Place: Emergency Preparedness College, Amprior, ON (west of Ottawa). Directions: Take the Amprior Baskin Drive exit south off Highway 17.

Guy Charron VA3FZA **Bulletin Editor**

Radio Amateurs of Canada Email: va3fza@rac.ca

Packet: va3fza@ve3kyt

ARES Thunder Bay

What is ARES anyway? Its Amateur Radio Emergency Services.

If you haven't heard the term lately you just have been tuned out totally. The ice storms in Eastern Ontario and Quebec have raised the profile of Amateur Radio in Canada. It was the Amateurs in the effected areas that were capable of helping the military and civilian authorities so that they could function the way that they did. How did they do it? They were prepared.

Are we ready?

Here in Thunder Bay we have had an ARES group for a number of years. The January Ice storms among other things has made up look at our call out list and emergency plan to see if they need updating.

Our call out list is in need of updating. We need you to be on the list.

This is a general call for all Amateurs to register.

If you haven't registered in 1998 your not on our list. No one is a member by just being a member of LARC. Membership in ARES is open to all Amateurs. All we ask is that you let us know what communication capabilities you have.

How do you do this?

If you have Internet access you can register on line by following the link from the LARC home page. If not just fill in one of the registration forms and forward it to John VE3GTX or drop it off or mail it to the club mail box at 1100-C Memorial Ave. Suite 184.

Please don't put it off do it now. We don't know when you will be needed next but we do know we need to prepare for it.

The Top 100 Shortwave Frequencies

Nowhere in the radio spectrum is there as much intrigue and fascination to b~ found as in the 2-30MHz spectrum. The following list of recent loggings includes some of the most active frequencies(in kHz). The voice utilities (two-way communicators) are virtually all upper sideband (USB), while the broadcasters run full carrier amplitude modulation (AM). Since most listening is done in the evening hours, this representative sampling reflects that time.

UTILITIES

2670 U.S. Coast Guard 8291.1 Ship to shore, Pacific 4063 Mississippi River barges 8418 "Spy numbers" broadcast 4069.2 Ship working channel 8740.6 Ship to shore 4087.8 Mississippi River barges 8778 U.S. Navy

4112.6 Ship calling channel
8784 Ship to shore, Pacific
4125 Ship calling channel
8805.7 Ship to shore
4143.6 Mississippi River barges
8808.8 Ship to shore
4413.4 Ship working channel
8825 International airlines
4419.4 Ship working channel
8846 International airlines
4467.5 Civil Air Patrol
8879 International airlines.
4517 Air Force MARS
8891 International airlines
4593.5 Air Force MARS
8921 International airlines
4637.5 Offshore petroleum
8972 ,U.S. Navy, Atlantic
4670 "Spy numbers" broadcasts
8984 U.S. Coast Guard, air/ground
4742 "Spy numbers" broadcasts
8989 U:S. Air Force, air/ground
5015 Army Corp of Engineers 8993 U.S. Air Force, air/groUnd
5320 U.S. Coast Guard
9014 U.S. Air Force, air/ground
5598 International airlines
9027 U.S. Air Force, air/ground 5515 !nternational airlines
10493 FEMA, emergency net
5680 U.S. Coasl Guard
10780 NASA air/ground
5692 U.S. Coast Guard air/ground
11176 U.S. Air Force, air/ground
5696 U.S. Coast Guard air/ground
11182 Scott Air Force Base, air/gnd
5703 Tactical Air Command
11200 RAF, flight weather
5812 "Spy numbers" broadcasts
11233 Canadian. Air Force air/ground
6506.4 U.S. Coast Guard ships 11234 RAF, air ground
11234 RAF, air ground
6518.8 Inland waterways
11243 Strategic Air Command
6521.9 Mississippi River barges
11246 U.S. Air Force, air/ground
6577 International airlines 11282 International airlines
6586 International airlines
11538 U.S. Navy, Mars
6604 Flight weather
12429.2 Ship to shore
6673 NOAA hurricane hunters
13113.2 U.S. Coast Guard marine
weather
6683 Andrews AFB, VIP
13191 II S Novy

6697 U.S. Navy
13201 U.S. Air Force a~dground
6705 U.S. Air Force air/ground
13215 U.S. Air Force air/ground
6723 U.S. Navy
13241 U.S. Air Force aidground
6738 U.S. Air Force air/ground
13270 Flying weather
6753 Canadian Air Force
13282 Flight weather
6761 Strategic Air Command
13306 International airlines
6802 "Spy numbers" broadcast
13354 NOAA, hurricane Hunters
6927 Andrews AFB, VIP

The Hottest-Shortwave Frequencies for Two-Way Voice Intrigue

2180-2900 8700-9050 4300-4750 11175-11400 5300-5900 13200-13340 6600-6900 15010-15100 7500-8000

Wayno's Glossary of absoulutly Wonderful Electronic terms

superhigh frequency-Abbreviated shf. The frequency band extending from 3 to 30 GHZ (100 to 10 mm).

tertiary coil-A third coil used in the output transformer of an audio amplifier to supply a feedback voltage.

Receiver radiation-Radiation of interfering electromagnetic signals by an oscillator of a receiver.

Thanks again for all your input, HI-Q Ed.

U.S. Navy

13181